## J. S. M. College, Alibag – Raigad

## National Service Scheme (N.S.S.)

## **HIVAIDS Awareness Programme Report**

## Date: - 03/12/2021

On the occasion of World Aids Day different programmes under AIDS awareness campaign is organized from 1<sup>st</sup> December to 31<sup>st</sup> December 2021. N.S.S Unit of J. S. M. College, Alibag and Aids Prevention and Control Department, Civil Hospital, Alibag jointly organized online programme on HIV AIDS awareness on 3<sup>rd</sup> December 2021 at 11:00 am through Microsoft Teams App. The Chief Guest of the program was Dr. Ranjeet Khandare, Medical Director, Relaince Hospital, Lodhivali and Dr. Anil Patil Chair the program. In this program Mr. Sanjay Mane, Coordinator Aids Prevention and Control Department, Civil Hospital, Alibag, Program officers Dr. Pravin Gaikwad, Dr. Minal Patil, Dr. Sunil Anand and Counselor Mr. Anil Kahndale and Mrs. Archana Jadhav were present for this program. Total 59 Students including 43 females and 16 male students were present.

As a keynote speaker Dr. Ranjit Khandare gave guidance on HIV / AIDS for the students who are online for this event. He explained what actually HIV is, what AIDS is, its various causes, symptoms, and that the disease is not contagious but is caused by having unprotected sexual intercourse with an infected person or with more than one person. He expressed that HIV is transmitted from an infected mother to her unborn baby, taking blood or blood components of a contaminated or infected person and the contagious or infected injection / needle. Symptoms of AIDS include weakness, loss of appetite, weight loss, fever every night, herpes zoster, and fungus in the mouth. Unless you have a blood test for this disease, you will not be diagnosed just by looking at your face. You can't tell if that person has the disease. Further he said if HIV test is performed on a person who comes to the hospital or voluntarily, and is found to be infected, ART treatment is started. Even if the patient is not completely HIV free, he can be cured with this drug treatment and live a normal life. If a pregnant mother is found to be infected, she can be treated with ART treatment to protect her baby from the disease after birth.

Dr. Ajit Arbat said that Don't discriminate against an infected person, talk to him with love, treat him properly, take care of him. He said that the disease is not caused by living together or using the same toilet, using each other's clothes, bedding, shaking hands, hugging him. Mr. Sanjay Mane said that the younger generation should take maximum care not to get infected with HIV, stay single, like Rama, avoid unprotected sexual intercourse as much as possible, use condoms properly and stay away from this disease. Mrs. Archana Jadhav and Anil Khandale gave detailed information about ICTC and STD respectively and resolved the doubts of the students. At the end of the program, Dr. Anil Patil, Principal. J.S.M. College, Alibag thanked the District AIDS Prevention and Control Department, Raigad, District General Hospital, Alibag and Reliance Industries Ltd., Lodhiwali for providing scientific information and guidance for taking HIV / AIDS Prevention Oath. 59 including 43 females and 16 male students participated in this program.

The program was moderated by N.S.S. Program Officer Dr. Pravin Gaikwad, while the vote of thanks was given by Dr. Mrs. Minal Patil.

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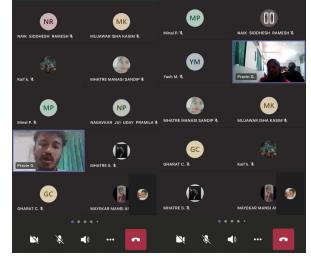
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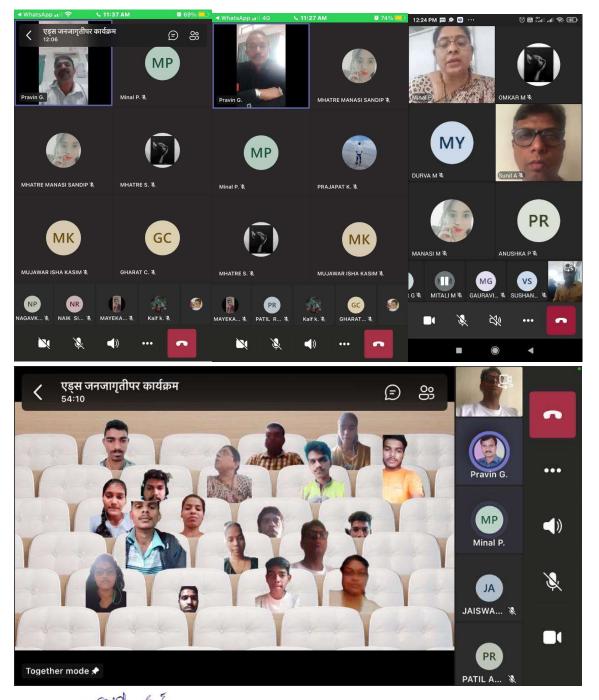
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